

EQUINOX TEST REPORT

Report Issue date: 9-Sep-23

Reference Number : EQNX:001:LAB: F:23:08:06725-R1

ULR-TC682023000059306F

INFORMATION PROVIDED BY CUSTOMER

Client Name : Fithit Health Solutions Pvt. Ltd.

Sampling Location : -

Address : 36 ABCD, Marol Co-operative Industrial Estate Ltd, Andheri (E),
Mumbai, Maharashtra, India - 400 059.

Sample Description : Food - Pro Coffee
Mfg Date - 17.08.2023

Contact Person : Ms. Neha / Sahil Kadam

PARTICULARS OF SAMPLE ANALYSED

Sampling Protocol : NA

Date of Sampling : NA

Sample Drawn By : Client

Date of Receipt : 25-Aug-23

Sample Quantity & Condition : Approx 497g of sample in a client packaging is intact without any leaks or breaks.

Date of Start of Analysis : 25-Aug-23

Date of End of Analysis : 1-Sep-23

RESULTS OF ANALYSIS

Discipline: Chemical

Group: Food and Agriculture Products

Sr.No.	Parameters	Units	Methods	Results of Analysis as per 100g	RDA Value*	%RDA
1	Total Fat	g	By FSSAI Manual For Milk & Milk Product (16.3) 2016	2.90	67	4.33%
2	Protein	g	By FSSAI Manual For Milk & Milk Product (16.4) 2016	70.71	-	-
3	Total Carbohydrate	g	SOP-CHM-28-00	18.13	-	-
4	Energy	Kcal	SOP-CHM-29-00	381.46	2000	19.07%
5	Total Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	2.66	-	-
6	Added Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
7	Dietary Fibre	g	AOAC 985.29 20th Edition	4.43	-	-
8	MUFA	g	AOAC 996.06 20th Ed.	0.83	-	-
9	PUFA	g	AOAC 996.06 20th Ed.	0.74	-	-
10	Trans Fat	g	AOAC 996.06 20th Ed.	BLQ	2	-
11	Saturated Fat	g	AOAC 996.06 20th Ed.	1.33	22	6.05%
12	Unsaturated Fat	g	AOAC 996.06 20th Ed.	1.57	-	-
13	Cholesterol	mg	AOAC 994.10 20th Ed.	33.24	-	-
14	Sodium	mg	SOP-CHM-27-00	170.63	2000	8.53%

*Percentage contribution to Recommended Dietary Allowance calculated on basis of 2000kcal energy

1 Serve = 100g

BLQ - Below Limit of Quantification

LOQ (Limit of Quantification) for Trans Fat = 0.1g/ 100g, Added Sugar = 1.0g/100g



Technical Manager - Chemistry
(Authorised Signatory)
Ms. Rina Thakur



TC-6820



Technical Manager - Instrumentation
(Authorised Signatory)
Mr. Sachin Tambe

Note:

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****END OF REPORT****

Your Testing and Auditing Partner

EQUINOX TEST REPORT

Report Issue date: 9-Sep-23

Reference Number : EQNX:001:LAB: F:23:08:06724-R1

ULR-TC682023000059305F

INFORMATION PROVIDED BY CUSTOMER

Client Name : Fitshit Health Solutions Pvt. Ltd.

Sampling Location : -

Address : 36 ABCD, Marol Co-operative Industrial Estate Ltd, Andheri (E),
Mumbai, Maharashtra, India - 400 059.

Sample Description : Food - Pro Cocoa
Mfg Date - 17.08.2023

Contact Person : Ms. Neha / Sahil Kadam

PARTICULARS OF SAMPLE ANALYSED

Sampling Protocol : NA

Date of Sampling : NA

Sample Drawn By : Client

Date of Receipt : 25-Aug-23

Sample Quantity & Condition : Approx 512.3g of sample in a client packaging is intact without any leaks or breaks.

Date of Start of Analysis : 25-Aug-23

Date of End of Analysis : 1-Sep-23

RESULTS OF ANALYSIS

Discipline: Chemical

Group: Food and Agriculture Products

Sr.No.	Parameters	Units	Methods	Results of Analysis as per 100g	RDA Value*	% RDA
1	Total Fat	g	By FSSAI Manual For Milk & Milk Product (16.3) 2016	4.35	67	6.49%
2	Protein	g	By FSSAI Manual For Milk & Milk Product (16.4) 2016	71.00	-	-
3	Total Carbohydrate	g	SOP-CHM-28-00	18.33	-	-
4	Energy	Kcal	SOP-CHM-29-00	396.47	2000	19.82%
5	Total Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	2.68	-	-
6	Added Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
7	Dietary Fibre	g	AOAC 985.29 20th Edition	4.23	-	-
8	MUFA	g	AOAC 996.06 20th Ed.	1.42	-	-
9	PUFA	g	AOAC 996.06 20th Ed.	0.53	-	-
10	Trans Fat	g	AOAC 996.06 20th Ed.	BLQ	2	-
11	Saturated Fat	g	AOAC 996.06 20th Ed.	2.39	22	10.86%
12	Unsaturated Fat	g	AOAC 996.06 20th Ed.	1.95	-	-
13	Cholesterol	mg	AOAC 994.10 20th Ed.	34.99	-	-
14	Sodium	mg	SOP-CHM-27-00	292.05	2000	14.60%

*Percentage contribution to Recommended Dietary Allowance calculated on basis of 2000kcal energy
1 Serve = 100g

BLQ - Below Limit of Quantification

LOQ (Limit of Quantification) for Trans Fat = 0.1g/ 100g, Added Sugar = 1.0g/100g



Technical Manager - Chemistry
(Authorised Signatory)
Ms. Rina Thakur



TC-6820



Technical Manager - Instrumentation
(Authorised Signatory)
Mr. Sachin Tambe

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EQUINOX TEST REPORT

Report Issue date: 9-Sep-23

Reference Number : EQNX:001:LAB: F:23:08:06726 R

ULR-TC682023000059307F

INFORMATION PROVIDED BY CUSTOMER

Client Name : Fitshit Health Solutions Pvt. Ltd.

Sampling Location : -

Address : 36 ABCD, Marol Co-operative Industrial Estate Ltd, Andheri (E),
Mumbai, Maharashtra, India - 400 059.

Sample Description : Food - Plain Whey
Mfg Date - 17.08.2023

Contact Person : Ms. Neha / Sahil Kadam

PARTICULARS OF SAMPLE ANALYSED

Sampling Protocol : NA

Date of Sampling : NA

Sample Drawn By : Client

Date of Receipt : 25-Aug-23

Sample Quantity & Condition : Approx 500.1g of sample in a client packaging is intact without any leaks or breaks.

Date of Start of Analysis : 25-Aug-23

Date of End of Analysis : 1-Sep-23

RESULTS OF ANALYSIS

Discipline: Chemical

Group: Food and Agriculture Products

Sr.No.	Parameters	Units	Methods	Results of Analysis as per 100g	RDA Value*	% RDA
1	Total Fat	g	By FSSAI Manual For Milk & Milk Product (16.3) 2016	5.11	67	7.63%
2	Protein	g	By FSSAI Manual For Milk & Milk Product (16.4) 2016	75.68	-	-
3	Total Carbohydrate	g	SOP-CHM-28-00	7.50	-	-
4	Energy	Kcal	SOP-CHM-29-00	378.71	2000	18.94%
5	Total Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
6	Added Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
7	Dietary Fibre	g	AOAC 985.29 20th Edition	0.78	-	-
8	MUFA	g	AOAC 996.06 20th Ed.	0.38	-	-
9	PUFA	g	AOAC 996.06 20th Ed.	0.42	-	-
10	Trans Fat	g	AOAC 996.06 20th Ed.	BLQ	2	-
11	Saturated Fat	g	AOAC 996.06 20th Ed.	4.30	22	19.55%
12	Unsaturated Fat	g	AOAC 996.06 20th Ed.	0.81	-	-
13	Cholesterol	mg	AOAC 994.10 20th Ed.	48.20	-	-
14	Sodium	mg	SOP-CHM-27-00	145.49	2000	7.27%

*Percentage contribution to Recommended Dietary Allowance calculated on basis of 2000kcal energy

1 Serve = 100g

BLQ - Below Limit of Quantification

LOQ (Limit of Quantification) for Total Sugar = 2.0g/100g, Trans Fat = 0.1g/ 100g, Added Sugar = 1.0g/100g



Technical Manager - Chemistry
(Authorised Signatory)
Ms. Rina Thakur



TC-6820



Technical Manager - Instrumentation
(Authorised Signatory)
Mr. Sachin Tambe

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EQUINOX TEST REPORT

Report Issue date: 9-Sep-23

Reference Number : EQNX:001:LAB: F:23:08:06727-R1

ULR-TC682023000059308F

INFORMATION PROVIDED BY CUSTOMER

Client Name : Fitshit Health Solutions Pvt. Ltd. Sampling Location : -
 Address : 36 ABCD, Marol Co-operative Industrial Estate Ltd, Andheri (E), Mumbai, Maharashtra, India - 400 059. Sample Description : Food - Plain Isolate Mfg Date - 17.08.2023
 Contact Person : Ms. Neha / Sahil Kadam

PARTICULARS OF SAMPLE ANALYSED

Sampling Protocol : NA Date of Sampling : NA
 Sample Drawn By : Client Date of Receipt : 25-Aug-23
 Sample Quantity & Condition : Approx 504.4g of sample in a client packaging is intact without any leaks or breaks. Date of Start of Analysis : 25-Aug-23
 Date of End of Analysis : 1-Sep-23

RESULTS OF ANALYSIS

Discipline: Chemical

Group: Food and Agriculture Products

Sr.No.	Parameters	Units	Methods	Results of Analysis as per 100g	RDA Value*	% RDA
1	Total Fat	g	By FSSAI Manual For Milk & Milk Product (16.3) 2016	1.90	67	2.84%
2	Protein	g	By FSSAI Manual For Milk & Milk Product (16.4) 2016	86.91	-	-
3	Total Carbohydrate	g	SOP-CHM-28-00	3.19	-	-
4	Energy	Kcal	SOP-CHM-29-00	377.50	2000	18.88%
5	Total Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
6	Added Sugar	g	By FSSAI Manual For Milk & Milk Product (9.4) 2016	BLQ	-	-
7	Dietary Fibre	g	AOAC 985.29 20th Edition	0.50	-	-
8	MUFA	g	AOAC 996.06 20th Ed.	0.65	-	-
9	PUFA	g	AOAC 996.06 20th Ed.	0.61	-	-
10	Trans Fat	g	AOAC 996.06 20th Ed.	BLQ	2	-
11	Saturated Fat	g	AOAC 996.06 20th Ed.	0.64	22	2.91%
12	Unsaturated Fat	g	AOAC 996.06 20th Ed.	1.26	-	-
13	Cholesterol	mg	AOAC 994.10 20th Ed.	50.81	-	-
14	Sodium	mg	SOP-CHM-27-00	256.03	2000	12.80%

*Percentage contribution to Recommended Dietary Allowance calculated on basis of 2000kcal energy

1 Serve = 100g

BLQ - Below Limit of Quantification

LOQ (Limit of Quantification) for Total Sugar = 2.0g/100g, Trans Fat = 0.1g/ 100g, Added Sugar = 1.0g/100g



Technical Manager - Chemistry
(Authorised Signatory)
Ms. Rina Thakur




Technical Manager - Instrumentation
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